

PROFILE CONSULTANT / TRAINER

Linda Finkel
 Trainer and Coach
 Network partner of CONTUR GmbH

Year of Birth: 1984

Nationality: Swiss



Key activities	<ul style="list-style-type: none"> ▪ Diversity & intercultural awareness trainings for international assignees ▪ Feedback and problem solving strategies in the Mexican context ▪ Communicative competence and emotional intelligence ▪ Expat trainings for Mexican assignees ▪ Coaching ▪ Training for stress prevention in organizations
Employment history	<ul style="list-style-type: none"> ▪ Self-employed Psychologist, Intercultural Trainer & Coach ▪ Local Team Leader and intercultural Coach at UBELONG Mexico, international volunteering ▪ Guest Lecturer at the Autonomous University of Yucatan (UADY) ▪ Coach and psychological counsellor for online depression and burnout program MyMindAssist, Makora AG, Zurich, Switzerland ▪ Master in Clinical Psychology (Master of Science) with cognitive-behavioral focus, University of Zurich, Switzerland
Certificates	<ul style="list-style-type: none"> ▪ Intercultural Trainer, Friedrich Schiller University, Jena, Germany ▪ Certificate in Coaching, RHED Consultores, Yucatan, Mexico
References	<ul style="list-style-type: none"> ▪ Intercultural Training “Intercultural Awareness”; Autonomous University of Yucatan (UADY) ▪ Intercultural learning and teaching strategies; training for Chinese and Mexican teachers at Autonomous University of Yucatan (UADY) ▪ Intercultural trainings for the automotive industries ▪ Communication and feedback training for newly hired personnel ▪ Training for 360° feedback report debriefings for HR managers ▪ Coaching for international executives ▪ Stress management and burnout prevention training for nursing staff in leading positions (i.a. Hospital Clinica de Merida).
Level of hierarchy	<ul style="list-style-type: none"> <input checked="" type="checkbox"/> Top-Management <input checked="" type="checkbox"/> Middle-Management <input checked="" type="checkbox"/> Project Manager <input checked="" type="checkbox"/> Junior High Potentials <input type="checkbox"/> Shopfloor Employees

Working languages

- German
- English
- Spanish

Experience

- Mexico
- International: Germany, Switzerland