

**PROFILE CONSULTANT / TRAINER**

**Birgit Kohlrausch-Didinger**  
 Consultant, Coach, Trainer  
 Network partner of CONTUR GmbH

Year of Birth: 1967

Nationality: German



Key activities	<ul style="list-style-type: none"> <li>▪ Coaching (one on one and group coaching)</li> <li>▪ Trainings, workshops and seminars</li> <li>▪ Mediations (individuals and groups/ teams)</li> <li>▪ Strategic consultancy with the focusses on integrative personnel and organizational development, realignment of organizations and teams as well as strategic thinking and strategic creativity</li> <li>▪ Support of change management processes and team development processes</li> <li>▪ Management development programs and leadership development</li> <li>▪ Speaker for various subjects, e.g. Life-Balance, Leading-self-strategy, self-mobilization for change</li> </ul>
Employment history	<ul style="list-style-type: none"> <li>▪ Owner of the management consultancy “Potenzial-Prisma”</li> <li>▪ Line management experience, project management experience and leadership experience in various German and internationally working DAX 30 company groups and medium-sized businesses.</li> <li>▪ HR, HRD, leadership and organizational development, change management processes, employer branding, internal and external communication</li> <li>▪ International consulting with expertise in strategic consultancy, organizational development, leadership development and recruiting of high level managers</li> <li>▪ Studies of psychology with diploma</li> <li>▪ Studies of management with diploma</li> <li>▪ Bank apprenticeship</li> </ul>
Certificates	<ul style="list-style-type: none"> <li>▪ Business coach (dvct) and Master coach</li> <li>▪ Mediator (DAAD)</li> <li>▪ Various qualifications concerning „Efficiency and health in the business”, e.g. resilience, burnout and mindfulness</li> <li>▪ Accredited user for TalentQ Inventory as well as Insights Discovery</li> <li>▪ Counsellor in systemic conversation and counselling</li> <li>▪ Counsellor in transactional analysis and Gestalt therapy</li> <li>▪ Integrated Management according to the Management concept of St. Gallen University</li> </ul>

References	<ul style="list-style-type: none"><li>▪ Management and leadership coaching incl. outplacement situations and other crises (cross industry)</li><li>▪ Various trainings and workshops around the subject of personal growth, e.g. communication, sales-communication, natural and winning appearance, creativity (automotive supply industry)</li><li>▪ Development and realization of management strategy workshops (chemical industry &amp; automotive supply industry)</li><li>▪ Concept development and roll-out of a multi-level process to establish a feedback-culture (automotive supply industry)</li><li>▪ Design and realization of trainings “Authentic and competent presenting” (tourism)</li></ul>
Level of hierarchy	<ul style="list-style-type: none"><li><input checked="" type="checkbox"/> Top-Management</li><li><input checked="" type="checkbox"/> Middle-Management</li><li><input checked="" type="checkbox"/> Project Manager</li><li><input checked="" type="checkbox"/> Junior High Potentials</li><li><input type="checkbox"/> Shopfloor Employees</li></ul>
Working languages	<ul style="list-style-type: none"><li>▪ German</li><li>▪ English</li></ul>
Experience	<ul style="list-style-type: none"><li><input checked="" type="checkbox"/> Germany</li><li><input checked="" type="checkbox"/> International: Germany, England, France, Spain, the Netherlands, Denmark, Romania, Japan, USA</li></ul>